

**CCoA**  
California Commission on Aging

# AGEWATCH

## *ENGAGE AT EVERY AGE ! ~ May is Older Americans Month!*



AoA Assistant Secretary  
Lance Robertson

Older Americans Month 2018 was welcomed this week with a blog from Lance Robertson, ACL Administrator and Administration on Aging Assistant Secretary, who celebrates the diversity of older Americans and encourages people to “work together to support and value people over age 65.”

Assistant Secretary Robertson notes that the just-released *2017 Profile of Older Americans* shows that “one in seven Americans are 65 or older, and just two years from now, this fast-growing segment of the population will number more than 56 million people. In this increasingly diverse and vital group are treasured family members, expert craftspeople, skilled professionals, seasoned adventurers, and wise advisors. They are our connections to history, and our guides for the future.

“Research suggests that seniors who are socially engaged also are healthier, mentally and physically,” Robertson writes. That’s why ACL is committed to supporting older adults with the tools and services they need to continue to engage in their communities throughout their lives.

“Through the national Aging Network, which includes thousands of agencies and organizations in every state, and with the help of advocates and partners from both the public and private sectors, ACL is working to connect older Americans and their families to the systems of services and supports available to help them remain healthy, live independently, prevent abuse and neglect, and support caregivers. We’re also working together to expand employment opportunities for older adults who wish to work.

“Of course, the experience of aging—whether you’re doing it yourself or accompanying a loved one or neighbor on that journey—is very personal. Everyone goes through the process a little differently, with different joys, reflections, challenges, and accomplishments.

“Everyone has their own story. And telling those stories is an outstanding way to engage with other people. It’s how we pass wisdom to others, get to know each other, learn about the past and advocate for a brighter future. Everyone – young and old alike – enjoys hearing a good story. And there are lots of important stories to tell about older Americans.”

To read the full blogpost or learn more about Assistant Secretary Robertson, visit the [Administration on Aging website](#).





SIERRA HEALTH  
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California Commission on Aging  
... a citizens voice within government

## THE CHANGING PORTRAIT OF CALIFORNIA'S OLDER ADULTS: IMPLICATIONS FOR HOUSING AND HOW WE LIVE

Sponsored by Sierra Health Foundation  
and the California Commission on Aging

Join local and state leaders for this important discussion on California's emerging older adult profile, with particular focus on disparities by race/ethnicity, and what it means for housing.

Thursday, May 24  
1 p.m. to 4 p.m.  
Sierra Health Foundation  
1321 Garden Highway  
Sacramento

[www.sierrahealth.org/may-24-registration](http://www.sierrahealth.org/may-24-registration)  
[www.sierrahealth.org/may-24-registration](http://www.sierrahealth.org/may-24-registration)

### Presenters:

- Jennifer Ailshire, PhD, Assistant Professor, Leonard Davis School of Gerontology, University of Southern California
- Mayor Christopher Cabaldon, City of West Sacramento
- Alicia H. Sebastian, Director of Housing and Community Development Programs, California Coalition for Rural Housing

### Dialogue with Panel of Presenters and Audience:

- Moderated by Sharon Grewal, AICP, Director of American Planning Association, CA Northern
- Joined by Assemblymember Ash Kalra, Chair, Aging and Long-Term Care Committee (*Invited*)

### Co-Sponsors:

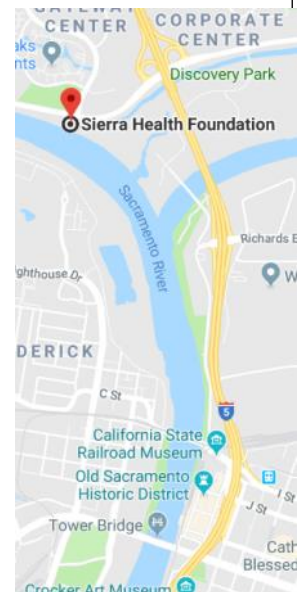
Sierra Health Foundation • California Commission on Aging

### Event Partners to Date:

AARP California • American Planning Association • CA Northern Section • Archstone Foundation  
Grantmakers In Aging • Metta Fund • Placer Community Foundation  
The Rosalinde and Arthur Gilbert Foundation

Please e-mail any questions to [info@sierrahealth.org](mailto:info@sierrahealth.org)

Please join the California Commission on Aging and Sierra Health Foundation on May 24th for a special forum on meeting the housing needs of California's growing and changing older adult population.



## Announcing the 2017 Profile of Older Americans

[\*A Profile of Older Americans: 2017\*](#), an annual summary of the latest statistics on the older population compiled primarily from U.S. Census data, is now available as a web-based publication in a user-friendly format along with [data tables and charts in Microsoft Excel spreadsheets](#).

The *Profile* has proven to be a very useful statistical summary and serves as a resource for all professionals with an interest in the changing demographics of the population age 65 and over, including 15 topical areas (such as population, income and poverty, living arrangements, education, health, and caregiving).

The Profile of Older Americans is produced annually by the Administration for Community Living.



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## Supporting California's Working Family Caregivers Your help is needed.

[California Work & Family Coalition](#)—an alliance of community organizations (including Family Caregiver Alliance), unions, non-profits, and individuals—works to help parents, caregivers, and families thrive. In January 2018, the Coalition partnered with [Human Impact Partners](#) to conduct a research project to identify the resources and supports working caregivers need, including access to a program provided by the State of California, called **Paid Family Leave (PFL)**.

The Coalition is interested in making sure that state and workplace policies flexibly support working caregivers who provide care and assistance to family members with serious health conditions. This research project will help advocates and policymakers better understand what caregivers need so they can campaign for change.

The California Work & Family Coalition appreciates your willingness to respond to this survey.

### Online survey

[ENGLISH](#) | [SPANISH](#)

### Download and print survey

[ENGLISH](#) | [SPANISH](#)

### Background information on the project

[ENGLISH](#) | [SPANISH](#)

Join with advocates from around the state on May 8th for the 2018 Senior Rally at the State Capitol to advocate for programs and services for the aging.

Attendees will hear from elected representatives and advocates, learn how legislation and the budget could affect programs that serve older adults, and join with your peers to advocate for your future. Attendees will hear from:

Kevin Prindiville, Executive Director, Justice in Aging  
Brenda Bufford, Chief, Calif. Partnership for Long-Term Care  
Hugh Slayden, Senate Insurance Committee  
Suzanne Reed, Sen. Select Committee on Aging & Long-Term Care

YOU MUST RSVP in order to receive a free boxed lunch on the day of the rally. [Click here to RSVP.](#)

## 2018 Senior Rally Day

May 8, 2018

**Where:**  
California State Capitol Building,  
Sacramento, CA

**When:**  
Tuesday, May 8, 2018



9 a.m.—3 p.m.

California  
Commission on  
Aging

Ed Walsh, Chair  
Rancho Mirage

Betsy Butler, Vice  
Chair,  
Marina del Rey

#### Commissioners

Marcy Adelman,  
San Francisco

Joaquin Anguera,  
San Diego

Cheryl Brown,  
San Bernardino

Julie Conger,  
Sonoma

Paul Downey,  
San Diego

Stuart Greenbaum,  
Sacramento

Meea Kang,  
Davis

Gail Nickerson,  
Citrus Heights

Robert Petty,  
Monterey

Kathy Randall,  
San Diego

Carmen Reyes,  
Whittier

Jane Rozanski,  
Camarillo

Rita Saenz,  
Sacramento

Sedalia Sanders,  
El Centro

Jean Schuldberg,  
Chico

## Learn how to spot and prevent abuse during California Elder and Dependent Adult Abuse Awareness Month

June is California Elder and Dependent Adult Abuse Awareness Month, set aside for providers of aging services across the state to promote awareness of elder and dependent adult abuse and exploitation. Area agencies on aging, adult protective services agencies, law enforcement and community organizations will host events throughout the month, sharing information about new financial scams, best practices in prosecuting abusers, and victims services providers will come together to bring greater awareness to the risks faced daily by vulnerable adults.

June 15th is recognized across the globe as World Elder Abuse Day (WEAAD). Launched by the International Network for the Prevention of Elder Abuse and the World Health Organization at the United Nations, the purpose of WEAAD is to provide an opportunity for communities to promote a better understanding of abuse and neglect of older persons by raising awareness of the cultural, social, economic and demographic processes affecting elder abuse and neglect. A few of California's many WEAAD/Elder Abuse Awareness Month events are listed here:



June 7, Sacramento, [California Elder & Dependent Adult Abuse Awareness Month Kick-off](#),  
Friday June 15, 2018, Sonoma, [North Bay Elder Justice Summit](#)  
June 13, 2018, Fairfield Solano Elder Abuse Awareness Forum, [\(707\) 784-8259](#) for information.



**KNOW ABUSE REPORT ABUSE**  
**ELDER AND DEPENDENT ADULT ABUSE AWARENESS**

### Upcoming Events

May 7-8, 2018. Triple-A Council of California. Vagabond Inn, Sacramento. [Www.tacc.ccoa.ca.gov](http://www.tacc.ccoa.ca.gov) for agenda and information.

May 8, 2018. Senior Rally Day. 10:00 a.m.-3:00 p.m. State Capitol grounds south side (N Street), Sacramento. Register [here](#).

May 23, 2018. California Commission on Aging. Marriott Residence Inn, Capitol Park, Sacramento. [Www.ccoa.ca.gov](http://www.ccoa.ca.gov) for information and agenda.

May 24, 2018. California Commission on Aging and Sierra Health Foundation. The Changing Portrait of California's Older Adults: Implications for Housing and How We Live. 1:00 - 4:00 p.m., Sierra Health Foundation. 1321 Garden Highway, Sacramento. [E-mail us](#) for information.

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